

## Avocados in Early Childhood

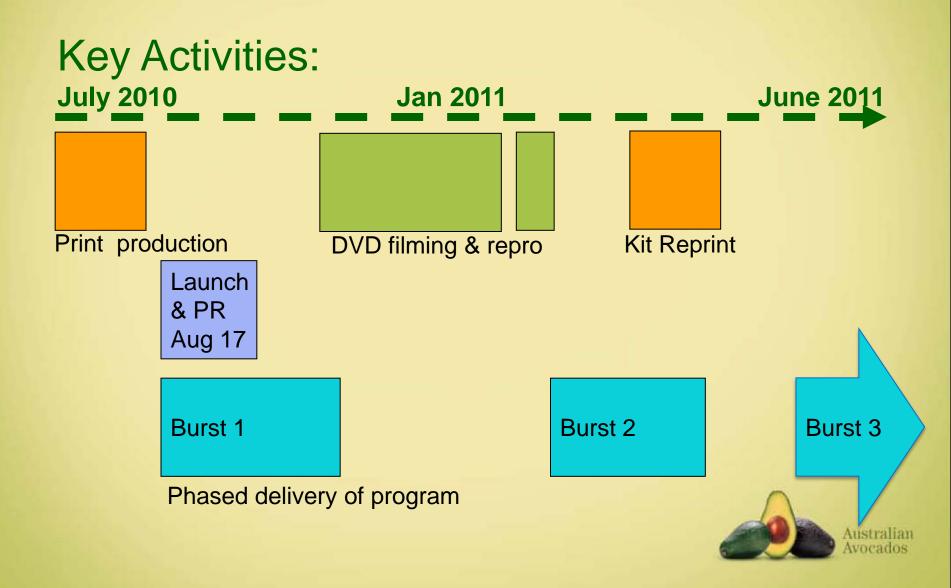








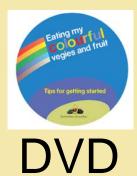
### Overview



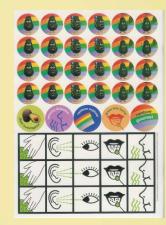
# Resource production



+



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Stickers

Kit



## Launch and PR campaign

### August 17<sup>th</sup> 2010 Key Results

- 20 pieces of coverage were secured, including 2GB, Ninemsn, Adelaide Advertiser, Herald Sun, AAP, Maitland Mercury
- Note: only 17 childcare centres provided their consent to be pitched to local news and photo desks
- A product drop (including the educational kit) was distributed to a total of 19 media outlets, nine long lead, six mid-lead and four short-lead

Herald Sun

#### A diet of education

CHILDREN are being encouraged to explore a "rainbow" of fruit and vegetables.

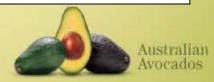
Avocado growers yesterday launched a national resources kit for early childhood educators to encourage better eating among three to five-year-olds Eating My Colourful Vegies and Fruit is designed to equip carers with information to help sway dietary preferences and lay the foundations for healthy eating

It has a special focus on green plant foods and avocado, a rich source of dietary fibre with little sugar.

# FRUIT AND VEG Healthy eating kit

CHILDREN are being encouraged to explore a "rainbow" of fruit and vegetables in a bid to improve the diet of Australian youngsters.

Avocado growers yesterday launched a national resources kit for early childhood educators to encourage better eating among three to five-year-olds. Eating My Colourful Vegies and Fruit is designed to equip carers with information to help sway children's dietary preferences and lay the foundations for healthy eating patterns.



### Website

### Launched 2nd September 2010

#### Focuses on:

- Information about the initiative with samples of the 'Eating My Colourful Vegies & Fruit' kit
- Recipes for children aged 6 months 5 years old
- Avocado nutrition information
- Registration and data collection function



## Delivery of the program

Getting the learning resource and avocado samples to 408 Early Childhood Centres







### Feedback from centres

#### Enthusiastic response from educators and children





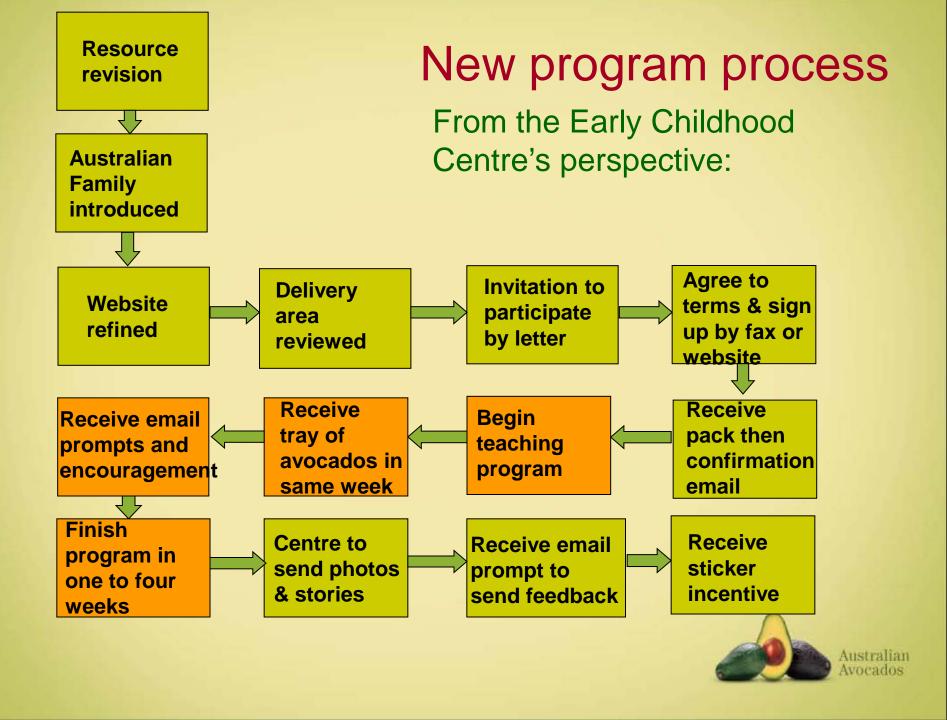












## Learnings and Ongoing Refinement

- Continue the roll out of the 'Eating My Colourful Vegies and Fruit' and avocado samples to early childhood centres throughout Australia.
  - Scoping study
  - EDMs
  - Extend PR campaign



# PR for Early Childhood 2011/12

#### Challenge:

 Due to privacy and child protection laws, Child Care Centres are reluctant to agree to publicity

 Roll-out is a continuation of 2010/11

 Lack of early childhood images – a must for media

#### Plan for 2011/12:

- Roll-out phase two and three differently
- Main focus on family and mummy bloggers, health writers/bloggers
- Secondary focus on local media to capture those centres willing to participate
- Need to create new news
- Develop online poll on avocado website to provide statistics for media
- Use incentive to encourage response rate
- Build a library of images of small children, avocados and early childhood centres
- Images can be generic so they can be used nationally

# Learnings and Ongoing Refinement

### 2. Update website

- Scoping study
- EDMs

### 3. Re-assessing delivery mechanism

- Registration process
- 2 streams for avocado delivery



# Bursts 1, 2 and 3 Status Update

Burst 1	Burst 2	Burst 3
EC 72 centres	336	600
NSW VIC	NSW: 143 VIC: 70 QLD: 85 SA: 29 WA: 6 ACT: 2 TAS: 1	NSW: 170 VIC: 147 QLD: 139 WA: 83 SA: 59 TAS: 1
		Australi

# Bursts 1, 2 and 3 Status Update

	Burst 1	Burst 2	Burst 3
No. of children participating	2,971	23,711	31,555

# TOTAL children who have participated to date:

58,237

